

Sultan ul Uloom College of Pharmacy(Telangana) : A Report on Sanitation, Health and Hygiene

Sultan ul Uloom College of Pharmacy(Telangana) has adopted a village cluster of Peddashapur, Cherlaguda, Munchital, Madanpalli, Gachibavaoli Tanda under Unnat Bharat Abhiyan. The UBA coordinator and volunteers conducted a thorough survey and organized gram panchayat meeting to identify the problems related or issues for immediate interventions. Accordingly, the intervention had been implemented.

● Cluster Problems Identified

1) Problem Statement : Waste Disposal

The primary challenge observed during the visit is regarding waste disposal. People in the village are spoiling fresh ground by dumping dry and wet waste together. Plastic lurks are also found in every nook and corner which need a practical and handy solutions.

- **Solution:** i) House hold campaigning on cleanliness and hygiene.
- ii) Skit for plastic free village
- iii) Campaigning for plastic free village
- iv) Awareness on disease related to plastic use.
- v) Garbage Auto Hopper

Garbage Auto Hopper

The institute has donated Garbage Auto Hopper to collect wet and dry waste separately to direct it into container or refuse collector. The capacity of the Auto Remover is 1.0 CuMtrs to 2.5 CuMtrs(Volumetric Cap.Hopper).The dumping height from the ground is 1000 mm/1200 mm which facilitates faster operation.

□ **Outcome:** Waste Segregation

As garbage auto hopper can easily move in narrow lanes it provides complete area coverage which leads to total hygiene. The segregation and dumping into the separate container speeds up the waste management process.



WASTE DISPOSAL → GARBAGE AUTO HOPPER → SEGREGATION

2) Problem Statement: Women Health and Hygiene

The most common problem observed in these villages are improper personal hygiene affecting health and impacting the lives around. Lack of primary health centres, non-accessible medical facilities and poor knowledge of diseases and health related issues predominantly affects the population, more so in women.

□ **Solution: Medical Health Camp**

The camp emphasised on personal health and hygiene in women. Villagers enthusiastically participated in the health camps and hygiene awareness programs. Health awareness sessions include

i) Sanitation Programmes

ii) Family planning (visual & audio aids)

iii) Group counselling (thyroid disorder, ovarian and uterine disease).

iv) Interactive session (early signs, diagnosis, treatment)

□ **Outcome: Improved Quality of Life**

Personal counselling promotes the benefits of good hygiene. The women actively participated and clarified their doubts. These activities helped women to acquire knowledge on personal female hygiene to feel good, stay clean and healthy.



Medical Health Camp

● Response

During the survey conducted by the UBA volunteers of Sultan ul Uloom College of Pharmacy, people of village have expressed a ray of hope through the activity conducted. They have taken up the initiative to resolve the issues, for the betterment of society.



● Impact

- Cleaner environment and reuse of waste
- Public awareness and Participation in Health Camp.